

Multidimensional assessment of COPD

GOLD: Severity of airflow limitation (based on postbronchodilator FEV₁)		
Stage	Severity	FEV₁ (percent predicted)
In patients with FEV₁/FVC <0.7:*		
GOLD 1	Mild	≥80
GOLD 2	Moderate	50 to 79
GOLD 3	Severe	30 to 49
GOLD 4	Very severe	<30
GOLD: Assessment of symptoms and risk of exacerbations		
Exacerbations/hospitalizations	Symptom assessment	
	mMRC[¶] 0 to 1; CAT <10^Δ	mMRC ≥2; CAT ≥10
0 or 1 exacerbations without hospitalization	A	B
≥2 exacerbations or ≥1 hospitalization	C	D

COPD: chronic obstructive pulmonary disease; FEV₁: forced expiratory volume in one second; FVC: forced vital capacity; CAT: COPD Assessment Test; mMRC: modified Medical Research Council (mMRC) dyspnea scale.

* The Global Initiative for Chronic Obstructive Lung Disease (GOLD) guidelines (www.goldcopd.org) prefer the threshold of <0.7 to the alternative of the fifth percentile LLN for FEV₁/FVC.

¶ mMRC dyspnea scale: Refer to UpToDate graphic.

Δ <http://www.catestonline.org>.

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